



Eagle Ridge Academy Lunch Menu

January
2025

Fresh Fruit and Vegetable Selections Available Daily
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2 Lasagna Rollup with Sauce Crispy Chicken Tenders Whole Grain Dinner Roll Chicken Caesar Salad Mashed Potatoes Gravy Variety of Veggies Fresh Fruit Bar 1% Unflavored Milk	3 Homemade Cheese Pizza Cheeseburger Fries Chicken Caesar Salad Steamed Green Beans Variety of Veggies Fresh Fruit Bar Choice of Milk Whole Grain Dinner Roll
6 Creamy Macaroni & Cheese Whole Grain Dinner Roll Chicken Parmesan Sandwich Yogurt Pak with Bagel Potato Wedges Variety of Veggies Fresh Fruit Bar Choice of Milk	7 French Toast Sticks Syrup Hot Dog Yogurt Pak with Bagel Steamed Carrots Variety of Veggies Fresh Fruit Bar 1% Unflavored Milk	8 Lo Mein Chicken Potstickers Fried Rice Yogurt Pak with Bagel Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk	9 HOM - Grapefruit & Cabbage Cheese Bosco Sticks Marinara Sauce Sloppy Joe on a Bun Yogurt Pak with Bagel Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar Choice of Milk	10 Homemade Cheese Pizza Pasta w/ Hearty Meat Sauce Garlic Toast Yogurt Pak with Bagel Steamed Peas Variety of Veggies Fresh Fruit Bar Choice of Milk
13 Grilled Cheese Sandwich BBQ Chicken Sandwich Turkey Deli Sandwich Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar Choice of Milk	14 Bean & Cheese Quesadilla Soft Beef Tacos Turkey Piegga LTO Turkey Deli Sandwich Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk	15 Spicy Black Bean Burger on a Bun Classic Cheeseburger Turkey Piegga LTO Turkey Deli Sandwich French Fries Variety of Veggies Fresh Fruit Bar Choice of Milk	16 Homemade Cheese Pizza Chicken Alfredo w/Pasta Garlic Breadstick Turkey Deli Sandwich Roasted Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk	17
20	21 HOM - Winter Savory	22 Grilled Cheese Sandwich Crispy Chicken Sandwich Turkey & Cheese Flatbread Munchable Potato Wedges Variety of Veggies Fresh Fruit Bar Choice of Milk	23 Cheese Bosco Sticks Marinara Sauce Italian Pasta Bake Garlic Breadstick Turkey & Cheese Flatbread Munchable Roasted Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk	24 Homemade Cheese Pizza Chicken Taquitos Seasoned Brown Rice Turkey & Cheese Flatbread Munchable Salsa Black Beans Variety of Veggies Fresh Fruit Bar Choice of Milk
27 Veggie Burger Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey BLT Wrap Steamed Green Beans Variety of Veggies Fresh Fruit Bar Choice of Milk	28 Walking Taco Indian Chickpea Masala - LTO Crispy Chicken Salad Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar Choice of Milk	29 Pasta with Marinara Classic Cheeseburger Indian Chickpea Masala - LTO Turkey BLT Wrap Crispy Chicken Salad Roasted Corn Variety of Veggies Fresh Fruit Bar Choice of Milk	30 Fried Rice Chicken Potstickers Lo Mein Noodles Crispy Chicken Salad Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk	31 Homemade Cheese Pizza Country Fried Chicken and Gravy Crispy Chicken Salad Mashed Potatoes Gravy Variety of Veggies Fresh Fruit Bar Choice of Milk

PRICES	Students	FREE
	Extra Milk	\$0.50
	Adults	\$5.00

EXTRA INFO

Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org



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