



Eagle Ridge Academy Lunch Menu

May
2024

Fresh Fruit and Vegetable Selections Available Daily
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	1	2	3
		Toasted Cheese Sandwich Asian Chicken Noodle Bowl Yogurt Pak with Bagel Steamed Peas Variety of Veggies Fresh Fruit Bar Milk Choice	Lasagna Rollup with Sauce Pasta with Meat Sauce Garlic Breadstick Yogurt Pak with Bagel Roasted Carrots Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Pizza Shrimp Poppers Whole Grain Dinner Roll Yogurt Pak with Bagel Steamed Corn Variety of Veggies Fresh Fruit Bar Milk Choice
6	7	8	9	10
Veggie Burger Cheeseburger on a Bun Crispy Chicken Wrap Potato Wedges Variety of Veggies Fresh Fruit Bar Milk Choice	Macaroni & Cheese Whole Grain Dinner Roll BBQ Chicken Sandwich Crispy Chicken Wrap Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice	Toasted Cheese Sandwich Crispy Chicken Nuggets Whole Grain Dinner Roll Chicken Poblano Stuffed Pepper-LTO Crispy Chicken Wrap Roasted Corn Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Bosco Stick Marinara Sauce Chicken Alfredo w/Pasta Whole Grain Dinner Roll Crispy Chicken Wrap Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Pizza Chicken Taquito Spanish Rice Crispy Chicken Wrap Refried Beans Variety of Veggies Fresh Fruit Bar Milk Choice
13	14 HOM - Parsley	15	16 HOM - Rhubarb	17
Toasted Cheese Sandwich Homemade Tomato Soup Sloppy Joe on a Bun Turkey Wrap Steamed Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Bosco Stick Marinara Sauce Beef Hot Dog on a Bun Turkey Wrap Potato Wedges Variety of Veggies Fresh Fruit Bar Milk Choice	Bean Walking Taco Beef Walking Taco Spanish Rice Turkey Wrap Refried Beans Variety of Veggies Fresh Fruit Bar Milk Choice	Macaroni & Cheese Italian Pasta Bake Whole Grain Dinner Roll Turkey Wrap Roasted Corn Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Pizza Crispy Chicken Tenders Whole Grain Dinner Roll Turkey Wrap Glazed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice
20	21	22 HOM - Mushroom	23	24
Lasagna Rollup with Sauce Whole Grain Dinner Roll Crispy Chicken Sandwich Cowboy BBQ Crispy Chicken Munchable Green Beans Variety of Veggies Fresh Fruit Bar 1% Unflavored Milk	Fried Rice Chicken Potstickers Chicken Fried Rice Roasted Cauliflower Steak w/ Romesco Sauce LTO Cowboy BBQ Crispy Chicken Munchable Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice	Toasted Cheese Sandwich Popcorn Chicken Bowl Cowboy BBQ Crispy Chicken Munchable Mashed Potatoes Mushroom Gravy Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Pizza Fish Sandwich w/Cheese Cowboy BBQ Crispy Chicken Munchable Steamed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice	NO SCHOOL
27	28	29	30	31
NO SCHOOL	Garden Pasta Alfredo Whole Grain Dinner Roll Beef Hot Dog on a Bun Turkey Deli Sandwich Baked Beans, Vegetarian Broccoli Florets Fresh Fruit Bar Milk Choice	Toasted Cheese Sandwich Cheeseburger on a Bun Turkey Deli Sandwich Steamed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice	Macaroni & Cheese Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey Deli Sandwich Mashed Potatoes Gravy Variety of Veggies Fresh Fruit Bar Milk Choice	Cheese Pizza Beef Chili Whole Grain Dinner Roll Turkey Deli Sandwich Mashed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice

PRICES

Students	FREE
2nd Entrée	\$2.50
Adults	\$4.95

EXTRA INFO

Milk Choice and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

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