



Eagle Ridge Academy Lunch Menu

January
2024

Fresh Fruit and Vegetable Selections Available Daily
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3 Toasted Cheese Sandwich Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Wrap California Blend Vegetable Variety of Veggies Fresh Fruit Bar Milk Choice	4 Cheese Bosco Stick Marinara Sauce Chicken, Leek & Penne Bake Whole Grain Dinner Roll Crispy Chicken Wrap Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice	5 Cheese Pizza Shrimp Poppers Whole Grain Dinner Roll Crispy Chicken Wrap Garlic & Herb Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice
8 Impossible Burger Cheeseburger on a Bun Turkey Wrap Munchable Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice	9 Macaroni & Cheese Whole Grain Dinner Roll Corn Dog Turkey Wrap Munchable Roasted Corn Variety of Veggies Fresh Fruit Bar Milk Choice	10 Bean & Cheese Quesadilla Rolled Chicken Enchilada Verde-LTO Turkey Wrap Munchable Refried Beans Variety of Veggies Fresh Fruit Bar Milk Choice	11 Fried Rice Chicken Potstickers Whole Grain Dinner Roll Turkey Wrap Munchable Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice	12 Cheese Pizza Italian Pasta Bake Garlic Breadstick Turkey Wrap Munchable Glazed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice
15 NO SCHOOL	16 Lasagna Rollup with Sauce Whole Grain Dinner Roll Crispy Chicken Sandwich Yogurt Pak with Bagel Black Beans Variety of Veggies Fresh Fruit Bar Milk Choice	17 Cheese Bosco Stick Marinara Sauce Meatloaf Whole Grain Dinner Roll Yogurt Pak with Bagel Mashed Potatoes Gravy Variety of Veggies Fresh Fruit Bar Milk Choice	18 Stir Fry w/Tofu General Tso's Chicken Brown Rice Yogurt Pak with Bagel Kung Fu Carrots Variety of Veggies Fresh Fruit Bar Milk Choice	19 NO SCHOOL
22 NO SCHOOL	23 Garden Pasta Alfredo Pasta with Meat Sauce Garlic Breadstick Chicken Caesar Salad Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice Whole Grain Dinner Roll	24 Toasted Cheese Sandwich Cheeseburger on a Bun Mexican Black Bean Sweet Potato Tacos-LTO Chicken Caesar Salad Steamed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice Whole Grain Dinner Roll	25 Cheese Bosco Stick Marinara Sauce Popcorn Chicken Bowl Bread Stick Chicken Caesar Salad Mashed Potatoes Variety of Veggies Fresh Fruit Bar Milk Choice	26 Cheese Pizza Beef Chili Whole Grain Dinner Roll Chicken Caesar Salad Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice
29 Macaroni & Cheese Whole Grain Dinner Roll Cheeseburger on a Bun Turkey Munchable Potato Wedges Variety of Veggies Fresh Fruit Bar Milk Choice	30 French Toast Sticks Syrup Crispy Chicken Tenders Whole Grain Dinner Roll Turkey Munchable Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice	31 Arroz Con Queso Chicken Potstickers Brown Rice Turkey Munchable Steamed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice	1	

PRICES

Students
2nd Entrée
Adult

FREE
\$2.50
\$4.95

EXTRA INFO

Milk Choice and Chocolate Skim are included with meal.
The Cafeteria is hiring cashiers and foodservice workers full and part time. If interested please visit
Linktr.ee/eagleridgefoods.com for job postings.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

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