



Eagle Ridge Academy Lunch Menu

November
2023

Fresh Fruit and Vegetable Selections Available Daily
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Toasted Cheese Sandwich Cheeseburger on a Bun Chicken Caesar Salad Steamed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>2</p> <p>Cheese Bosco Stick Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Chicken Caesar Salad Potato Wedges Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>3</p> <p>Cheese Pizza Chicken, Leek & Penne Bake Whole Grain Dinner Roll Chicken Caesar Salad Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice</p>
<p>6</p> <p>Macaroni & Cheese Whole Grain Dinner Roll Chicken & Cheese Quesadilla Turkey Munchable Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>7</p> <p>French Toast Sticks Syrup Crispy Chicken Sandwich Philly Cheesesteak - LTO Marinara Sauce Turkey Munchable Potato Wedges Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>8</p> <p>Toasted Cheese Sandwich Orange Chicken Brown Rice Turkey Munchable Steamed Carrots Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>9</p> <p>Cheese Bosco Stick Marinara Sauce Corn Dog Turkey Munchable Baked Beans Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>10</p> <p>Cheese Pizza Italian Pasta Bake Garlic Breadstick Turkey Munchable Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice</p>
<p>13 HOM Parsnips</p> <p>Chipotle Veggie Burger Beef Hot Dog on a Bun Turkey Deli Sub Sandwich Mashed Potatoes & Parsnips Gravy Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>14</p> <p>Cheesebread Dunkers Marinara Sauce Chicken Spaghetti Whole Grain Dinner Roll Turkey Deli Sub Sandwich Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>15</p> <p>Toasted Cheese Sandwich Chicken Potstickers Chicken Fried Rice Turkey Deli Sub Sandwich Steamed Peas Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>16</p> <p>Cheese Bosco Stick Marinara Sauce Walking Taco Salsa Turkey Deli Sub Sandwich Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>17</p> <p>Cheese Pizza Crispy Chicken Tenders Turkey Deli Sub Sandwich California Blend Vegetable Variety of Veggies</p> <p>Fresh Fruit Bar Milk Choice</p>
<p>20</p> <p>Lasagna Rollup with Sauce Cheeseburger on a Bun Crispy Chicken Wrap Garlic Rosemary Potatoes Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>21</p> <p>Macaroni & Cheese Whole Grain Dinner Roll Shrimp Poppers Crispy Chicken Wrap Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>22</p> <p>NO SCHOOL</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>
<p>27</p> <p>Chipotle Veggie Burger Crispy Chicken Sandwich Turkey Ranch Wrap Steamed Green Beans Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>28</p> <p>Macaroni & Cheese Whole Grain Dinner Roll Beef Hot Dog on a Bun Turkish Eggplant and Tomato Flatbread Turkey Ranch Wrap Roasted Corn Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>29</p> <p>Bean & Cheese Quesadilla Walking Taco Salsa Turkey Ranch Wrap Refried Beans Variety of Veggies Fresh Fruit Bar Milk Choice</p>	<p>30</p> <p>Toasted Cheese Sandwich Pasta with Meat Sauce Whole Grain Dinner Roll Turkey Ranch Wrap Roasted Broccoli Variety of Veggies Fresh Fruit Bar Milk Choice Persimmon Tasting</p>	<p>1</p>

PRICES	Students	FREE
	Second Entrée	\$2.50
	Adults	\$4.95
EXTRA INFO	Milk Choice and Chocolate Skim are included with meal.	
	If you have any questions contact Steve Meak Email: smeak@eagleridgeacademy.org	



Download our app
Taher Food4Life®

www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.