



Eagle Ridge Academy Lunch Menu

May
2023

Fresh Fruit and Vegetable Selection Available Daily
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Cheesy Italian Flatbread BBQ Chicken Sandwich Buffalo Chicken Wrap</p> <p>Black Beans Fresh Fruit Bar Variety of Veggies</p>	<p>2</p> <p>Cheese Bosco Stick Marinara Sauce Sloppy Joe on a Bun Buffalo Chicken Wrap</p> <p>Roasted Broccoli Fresh Fruit Bar Variety of Veggies</p>	<p>3</p> <p>Macaroni & Cheese Whole Grain Dinner Roll Soft Beef Tacos Buffalo Chicken Wrap</p> <p>Roasted Corn Fresh Fruit Bar Variety of Veggies</p>	<p>4</p> <p>Cheesebread Dunkers Marinara Sauce Shrimp Poppers Garlic Breadstick Buffalo Chicken Wrap</p> <p>Coleslaw Fresh Fruit Bar Variety of Veggies</p>	<p>5</p> <p>Cheese Pizza Crispy Chicken Nuggets Whole Grain Dinner Roll Buffalo Chicken Wrap</p> <p>Steamed Carrots Fresh Fruit Bar Variety of Veggies</p>
<p>8</p> <p>Cheesy Italian Flatbread Chicken Alfredo Flatbread Crispy Chicken Salad</p> <p>Green Beans Fresh Fruit Bar Variety of Veggies</p>	<p>9</p> <p>Cheese Bosco Stick Marinara Sauce Cheeseburger on a Bun Crispy Chicken Salad</p> <p>Steamed Corn Fresh Fruit Bar Variety of Veggies</p>	<p>10</p> <p>Toasted Cheese Sandwich Beef & Cheese Quesadilla Crispy Chicken Salad</p> <p>Refried Beans Fresh Fruit Bar Variety of Veggies</p>	<p>11</p> <p>Cheesebread Dunkers Marinara Sauce Pasta with Meat Sauce Rip Stick Breadstick Crispy Chicken Salad</p> <p>Roasted Broccoli Fresh Fruit Bar Variety of Veggies</p>	<p>12</p> <p>Cheese Pizza French Toast Sticks Sausage Patty Crispy Chicken Salad</p> <p>Steamed Carrots Fresh Fruit Bar Variety of Veggies</p>
<p>15</p> <p>Veggie Burger Crispy Chicken Tenders Whole Grain Dinner Roll Charcuterie, Turkey and Cheese</p> <p>Roasted Broccoli Fresh Fruit Bar Variety of Veggies</p>	<p>16</p> <p>Cheese Bosco Stick Marinara Sauce Meatloaf Whole Grain Dinner Roll Charcuterie, Turkey and Cheese</p> <p>Mashed Potatoes & Gravy Fresh Fruit Bar Variety of Veggies</p>	<p>17</p> <p>Toasted Cheese Sandwich Homemade Tomato Soup Corn Dog Charcuterie, Turkey and Cheese</p> <p>Baked Beans Fresh Fruit Bar Variety of Veggies</p>	<p>18</p> <p>Cheesebread Dunkers Marinara Sauce Grilled Turkey and Cheese Sandwich Charcuterie, Turkey and Cheese</p> <p>Tater Tots Fresh Fruit Bar Variety of Veggies</p>	<p>19</p> <p>Cheese Pizza Lasagna Rollup with Sauce Garlic Toast Charcuterie, Turkey and Cheese</p> <p>California Blend Vegetable Fresh Fruit Bar Variety of Veggies</p>
<p>22</p> <p>Cheesy Italian Flatbread Philly Flatbread Cravin Craisin Salad</p> <p>Baked Beans Fresh Fruit Bar Variety of Veggies</p>	<p>23</p> <p>Cheese Bosco Stick Marinara Sauce Meatball Marinara Sub Cravin Craisin Salad</p> <p>Steamed Green Beans Fresh Fruit Bar Variety of Veggies</p>	<p>24</p> <p>Toasted Cheese Sandwich Soft Beef Tacos Cravin Craisin Salad Roasted Broccoli Salsa Fresh Fruit Bar Variety of Veggies Chocolate Chip Cookie</p>	<p>25</p> <p>Cheesebread Dunkers Marinara Sauce Beef Chili Whole Grain Dinner Roll Cravin Craisin Salad</p> <p>Potato Wedges Fresh Fruit Bar Variety of Veggies</p>	<p>26</p> <p>Cheese Pizza Chicken Potstickers Chicken Fried Rice Cravin Craisin Salad</p> <p>Steamed Carrots Fresh Fruit Bar Variety of Veggies</p>
<p>29</p> <p>NO SCHOOL</p>	<p>30</p> <p>Cheese Bosco Stick Marinara Sauce Beef Hot Dog on a Bun Baked Beans NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Roasted Corn Fresh Fruit Bar Mixed Canned Fruit Variety of Veggies Chocolate Chip Cookie</p>	<p>31</p> <p>Toasted Cheese Sandwich Orange Chicken Brown Rice NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie</p> <p>Steamed Carrots Fresh Fruit Bar Variety of Veggies</p>	<p>This is for Food 4 Thought</p>	

PRICES

K-5 Lunch	\$3.25
6-12 Lunch	\$3.60
Adult Lunch	\$4.35
Extra Milk	\$0.50

EXTRA INFO

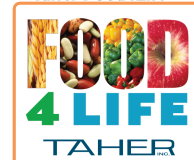
Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



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