



Eagle Ridge Academy Breakfast Menu

January
2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Brekkie</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>3</p> <p>Chocolate Chip Muffin Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>4</p> <p>Plain Long John</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>5</p> <p>Breakfast Bowl</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>6</p> <p>Mini Eggo Waffles</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>9</p> <p>Cheesy Turkey Melt</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>10</p> <p>Blueberry Loaf Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>11</p> <p>Coffee Cake</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>12</p> <p>Blueberry Breakfast Bark</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>13</p> <p>Breakfast Burrito</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>16</p> <p>NO SCHOOL</p>	<p>17</p> <p>Chocolate Banana Bread Overnight Oats</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>18</p> <p>Strawberry Cream Cheese Filled Bagel</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% MILK</p>	<p>19</p> <p>Biscuits & Gravy</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>20</p> <p>Mini Pancakes</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>Breakfast Sandwich</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>25</p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>26</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>27</p> <p>Breakfast Banana Split Yogurt Parfait</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>30</p> <p>Brekkie</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>31</p> <p>Chocolate Chip Muffin Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>			<p>This is for Food 4 Thought</p>

PRICES

Students \$2.00
Adults \$2.25

EXTRA INFO

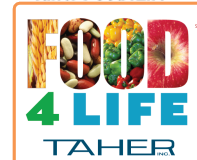
Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



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