



# Eagle Ridge Academy Lunch Menu

February  
2023

Fresh Fruit & Vegetable Selections Available Daily  
First Entrée is Vegetarian



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b></p> <p>Walking Taco w/beans Walking taco w/beef Turkey Deli Sub Sandwich</p> <p>Steamed Carrots Baby Carrots Canned Fruit Bar Variety of Veggies</p>	<p><b>2</b></p> <p>Toasted Cheese Sandwich Sloppy Joe on a Bun Turkey Deli Sandwich</p> <p>Spiced Pinto Beans Baby Carrots Fresh Fruit Bar Variety of Veggies</p>	<p><b>3</b></p> <p>Cheese Pizza Crispy Chicken Tenders Turkey Deli Sub Sandwich</p> <p>Steamed Carrots Red Peppers Fresh Fruit Bar Variety of Veggies</p>
<p><b>6</b></p> <p>Macaroni &amp; Cheese Cheeseburger on a Bun Chicken Caesar Salad</p> <p>Steamed Corn Red Peppers Fresh Fruit Bar Variety of Veggies</p>	<p><b>7</b></p> <p>Cheese Bosco Stick Philly Flatbread Chicken Caesar Salad</p> <p>Roasted Broccoli Red Peppers Fresh Fruit Bar Variety of Veggies</p>	<p><b>8</b></p> <p>Bean &amp; Cheese Quesadilla Walking Taco Chicken Caesar Salad</p> <p>Black Beans Red Peppers Fresh Fruit Bar Variety of Veggies</p>	<p><b>9</b></p> <p>Cheese Bosco Stick Crispy Chicken Sandwich Chicken Caesar Salad</p> <p>Coleslaw Red Peppers Fresh Fruit Bar Variety of Veggies</p>	<p><b>10</b></p> <p>Cheese Pizza Corn Dog Chicken Caesar Salad</p> <p>Steamed Carrots Red Peppers Fresh Fruit Bar Variety of Veggies</p>
<p><b>13</b></p> <p>Macaroni &amp; Cheese Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Salad</p> <p>Green Beans Cherry Tomato Fresh Fruit Bar Variety of Veggies</p>	<p><b>14</b></p> <p>Cheese Quesadilla Walking Taco w/Beef Crispy Chicken Salad</p> <p>Roasted Broccoli Cherry Tomato Fresh Fruit Bar Variety of Veggies</p>	<p><b>15</b></p> <p>Cheesy Italian Flatbread Cheeseburger on a Bun Crispy Chicken Salad</p> <p>Potato Wedges Cherry Tomato Fresh Fruit Bar Variety of Veggies</p>	<p><b>16</b></p> <p>Cheese Bosco Stick Crispy Chicken Sandwich Crispy Chicken Salad</p> <p>Steamed Corn Cherry Tomato Fresh Fruit Bar Variety of Veggies</p>	<p><b>17</b></p> <p>No School</p>
<p><b>20</b></p> <p>No School</p>	<p><b>21</b></p> <p>Cheese Bosco Stick Meatloaf Whole Grain Dinner Roll Chef Salad</p> <p>Mashed Potatoes &amp; Gravy Baby Carrots Fresh Fruit Bar Variety of Veggies</p>	<p><b>22</b></p> <p>Toasted Cheese Sandwich Corn Dog Chef Salad</p> <p>Baked Beans Baby Carrots Fresh Fruit Bar Variety of Veggies</p>	<p><b>23</b></p> <p>Macaroni &amp; Cheese Crispy Chicken Sandwich Chef Salad</p> <p>Tater Tots Baby Carrots Fresh Fruit Bar Variety of Veggies</p>	<p><b>24</b></p> <p>Cheese Pizza Crispy Chicken Tenders Chef Salad</p> <p>California Blend Vegetable Baby Carrots Fresh Fruit Bar Variety of Veggies</p>
<p><b>27</b></p> <p>Chipotle Veggie Burger Philly Flatbread Cravin Craisin Salad</p> <p>Baked Beans Cucumber Slices Fresh Fruit Bar Variety of Veggies</p>	<p><b>28</b></p> <p>Cheese Bosco Stick Meatball Marinara Sub Cravin Craisin Salad</p> <p>Steamed Green Beans Cucumber Slices Fresh Fruit Bar Variety of Veggies</p>			<p>This is for Food 4 Thought</p>

PRICES

K-5 Lunch	\$3.25
6-12 Lunch	\$3.60
Adult Meal	\$4.35
Extra Milk	\$0.50

EXTRA INFO

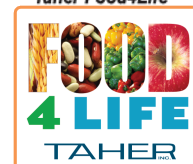
Milk Choice 1% and Chocolate Skim are included with meal.  
If you have any questions contact Steve Meak  
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app  
Taher Food4Life®



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