



Eagle Ridge Academy Breakfast Menu

February
2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Plain Long John</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>2 Breakfast Bowl</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>3 Mini Eggo Waffles</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>6 Cheesy Turkey Melt</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>7 Blueberry Muffin Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>8 Coffee Cake</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>9 Blueberry Breakfast Bark</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>10 Breakfast Burrito</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>13 Breakfast Flatbread</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>14 Chocolate Banana Bread Overnight Oats</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>15 Strawberry Cream Cheese Filled Bagel</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% MILK</p>	<p>16 Breakfast Sandwich</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>17 No School</p>
<p>20 No School</p>	<p>21 Breakfast Sandwich</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>22 Sausage Breakfast Pizza</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>23 Cinnamon Roll</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>24 Breakfast Banana Split Yogurt Parfait</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>27 Brekkie</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>28 Chocolate Chip Muffin Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>		<p>This is for Food 4 Thought</p>	

PRICES

Students \$2.00
Adults \$2.25

EXTRA INFO

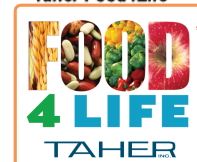
Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



www.taHER.com