



Health and Wellness

School Nurse

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- 2023: Am I Well Enough to Go to School? [Information Sheet](#) (PDF)
- [Are your kids ready for school?](#)
- [MDH Immunization Resources](#)
- [Yearly Health Form 2022-23](#)
- [Immunization Form](#)
- [Administration of Non-Prescription Medication Form \(K-12\)](#)
- [Administration of Prescription Medication Form \(K-12\)](#)
- [School Wellness Policy and Plan](#)

For questions, comments, and suggestions regarding the ERA Wellness policy please send emails to [Ms. Karen Conner](#).

- [Special Dietary Needs Form](#)

Coronavirus (COVID-19) Information Hub

This information is intended to provide updates on Eagle Ridge Academy's response plan to the outbreak of COVID-19, the illness caused by the coronavirus. The situation is evolving, and information and recommendations are changing daily as new information becomes available. We are monitoring updates from the Minnesota Department of Education, MDH, and the CDC for further guidance.

Please refer to the [Minnesota Department of Health \(MDH\)](#) and [Centers for Disease Control and Prevention \(CDC\)](#) for the latest updates.

We thank you for your flexibility as we navigate this time of uncertainty together, and we ask for your patience with school operations (i.e., drop-off and pick-up times) as they will be affected by the changes we make to align with MDH best practices. It is times like these that show us the strength, wisdom, and care present in our school community, and we are grateful for each of you in the middle of this challenging situation. Your family and your child's health and well-being are of the utmost importance to us and inform every decision we make.