



Counseling Resources

Our Team

K-5 Counselor:

Zac MacLean – zmaclean@eagleridgeacademy.org

K-5 Student Support:

Melissa Madson – mmadson@eagleridgeacademy.org

6-8 Counselor:

Jean Soule – jsoule@eagleridgeacademy.org

9-12 Academic Counselor:

Mary Johnson – majohnson@eagleridgeacademy.org

The Counseling Chronicle

[CC Finding Peace \(PDF\)](#)

[Mindfulness Edition \(PDF\)](#)

[Routine Edition \(PDF\)](#)

[CC Parent-Guardian Edition \(PDF\)](#)

[CC Finding Joy \(PDF\)](#)

[CC Big Feelings \(PDF\)](#)

[Goal Setting Edition \(PDF\)](#)

[Reflection Edition \(PDF\)](#)