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February 8, 2018 Eagle Ridge Academy Volume 14 | Issue 10



# Call for Nominations: 2018 Board Election

MATEEN ASHTIANI
Member, Board of Directors



On behalf of the Eagle Ridge Academy Board of Directors, we are issuing a call for nominations for the 2018 Board of Directors election. Please read the full announcement on the Eagle Ridge Academy website for more information regarding the election process.

Please contact those listed below with any questions.

- Ann Watanabe, Election Coordinator
- John Schwirtz, Election Coordinator
- Mateen Ashtiani, Election Coordinator



#### Academic Guidance News

WENDY KLUTE

Academic Counselor

#### 2018-19 School of Rhetoric Registration

Current 8th - 11th grade students were given registration materials for the 2018-19 academic year during advisory on Feb. 7. Completed forms are due by Feb. 12. Students will enter course selections during advisory on Feb. 14.

Event Announcement: Solving the College Admissions Puzzle - What are Colleges Actually Looking For? College expert Beth Kreusch will be presenting to students and their parents on Wednesday, March 14, in the auditorium from 6:30-8:00 p.m. This is our second and final student/parent evening session this year with Mrs. Kreusch explaining what you need to know about the college search. Students and parents should plan on attending this informational session if they are pursuing college after graduation.



# Schools of Logic & Rhetoric Update

**ERICA POWELL** 

Principal, Schools of Logic & Rhetoric

#### Inaugural Senior Recognition Banquet: Looking for Parent Volunteers

Eagle Ridge Academy plans to host a senior recognition banquet for parents and students at the end of the school year. I am looking for parent volunteers who would like to be part of the committee to plan this inaugural event celebrating our seniors, which will become a tradition at Eagle Ridge Academy. If you are interested in helping organize and plan this event, please contact me via email or contact Mrs. P via email as soon as possible.





# Spring Conferences will take place on Feb. 19

KAREN CONNER

Operations Manager

Parent Teacher conferences will be held on Monday, Feb. 19 from 10:00 am -8:00 pm. Please use the conference scheduler to schedule conferences for all students in grades K-12. The conference scheduler can be found on the "Teacher Conferences" webpage under the "Current Families" tab on The Academy's website. The scheduler will be open on Thursday, Feb. 8 at 8:00 a.m. and close on Thursday, Feb. 15 at 10:00 p.m. For detailed instructions on how to sign up for conferences, please see the Teacher Conferences webpage.

#### Conference Scheduler Assistance Drop-in

Wednesday, Feb. 14, 3:30-5:30 pm

If you'd like assistance using the conference scheduler, Janice Gerheart will be available on Feb. 14 in Conference Room 1202 from 3:30-5:30 p.m. to assist with questions.

# Community Updates



#### Wellness Corner: Do You Know the Flu?

**NATALIE SNYDER** 

Licensed School Nurse

Did you know that throughout the state of Minnesota influenza has been widespread this season? According to the Minnesota Department of Health, last week alone, there were a reported 415 hospitalizations due to influenza! In this issue of the Wellness Corner, we will discuss the differences between in FLU enza and the stomach FLU, how to prevent these illnesses, and Eagle Ridge Academy's illness guidelines.

Influenza, according to healthchildren.org, is an illness caused by a respiratory virus. This respiratory virus can cause sudden fever, body aches, headache, sore throat, cough, and congestion. The typical course of this illness is one week or longer and is contagious for 5-7 days after symptoms start. It is recommended to call your pediatrician within 24 hours of the first influenza to determine if your child should be seen by a doctor.

Alternatively, the stomach flu –also called gastroenteritis–is an intestinal infection that presents with abdominal cramps, nausea or vomiting, diarrhea and sometimes low grade fever, according to mayoclinic.org. Symptoms typically last between 24-48 hours. It is important to keep hydrated when gastroenteritis sets in.

Prevention is key for both of these illnesses. It is important to encourage handwashing with soap and water and covering our coughs and sneezes! Additionally, it is encouraged to get the influenza vaccine each season in order to prevent or diminish the severity of illness.

Here at Eagle Ridge Academy, we follow the guidelines set forth by the Hennepin County Department of Health for the exclusion of our ill students. The most common exclusion symptoms would be a fever of 100 degrees or greater, vomiting, and/or 3+ episodes of diarrhea. Your student must be free of these symptoms for 24 hours before returning to school. The school nurse would also appreciate YOUR help in tracking illnesses that are being spread throughout our school; you can do so by stating all of your child's symptoms and/or clarifying whether your child is experiencing the stomach flu, or respiratory influenza when calling or emailing the attendance line. Please contact the School Nurse with any questions or concerns: nsnyder@eagleridgeacademy.org. Stay healthy!



The Lost & Found will be cleaned out after conferences on Feb. 19. All items not claimed will be donated.



#### February 26 - March 2

Eagle Ridge Academy will be participating in **Pennies for Patients** once again. Pennies for Patients raises money for the Leukemia Lymphoma Society. The mission of LLS is to raise money for research to find a cure for leukemia, lymphoma, Hodgkin's disease, and myeloma. LLS also provides educational information and support for families affected by blood cancers. The top two classrooms in the Lower School and the top two 1st hour classes in the Upper School that raise the most money will earn a class party. We will be raising money in honor of Dylan Schmitz. Please read his biography here. • Submitted by Erin Schmitz

### Developing Connections



Join us for the sweetest Saturday in spring! The Donut Dash 5k & Mini- Donut Dash are back on May 12. Click here for details.



Register at www.epdonutdash2018.zapevent.com!

# Calling all Golfers! Join us on June 11, 2018. REGISTRATION NOW OPEN GRYPHON CLASSIC GOLF TOURNAMENT 2018



#### Noah Anderson '09

#### ALUMNI SPOTLIGHT

I attended Eagle Ridge Academy for the entirety of my high school career (2005-2009). As part of the school's second graduating class, I partook in many early iterations of school events, including the first Art Expo. After graduating, I attended the University of Wisconsin-Stout, majoring in Industrial Design.

Since receiving my degree, I have spent the last 3 and 1/2 years working as a Footwear Designer for Red Wing Shoe Company, a job that has afforded me the opportunity to celebrate my Minnesota heritage (along with my love of shoes).

I look back on my time at Eagle Ridge Academy very fondly, and watching the school flourish has cemented the fact that I am truly proud to call myself an alumni. •



#### OH SNAP!

DON'T' FORGET TO ORDER YOUR YEARBOOK!

# TAKING FINAL ORDERS NOW!

- Orders accepted until Wednesday, February 21<sup>st</sup>.
- Cost \$28

Online Sales Only;

www.jostensyearbooks.com > Buy Your Yearbook: Eagle Ridge Academy Lower School K-5

Call: 1-877-767-5217



#### Activities & Events

The ERA/ISM Huskies Boys' 4x200m relay team after setting a school record at sections (Spring 2017). | PHOTO BY MARY CORNELIUS



# Spring Sports Registration due Friday, Feb. 16

Registration is open now for spring sports! Interscholastic, competitive options include boys and girls track and field (Gr. 7-12) and boys and girls ultimate Frisbee (Gr. 7-12). Intramural options include tennis (Gr. 4-12), golf (Gr. 4-12), badminton (Gr. 7-12), and track and field (Gr. 4-6). For more details regarding practices times and participation fees, visit the Athletics page of the school website. Questions? Contact Mrs. Strand, Activities Specialist.

# CLICK TO VIEW SPORTS & REGISTER!

15th Annual Night at the Target Center & Senior Recognition Night

#### SATURDAY, FEB. 10

Girls Varsity vs. Nova Classical @ 7:30 p.m. Boys Varsity vs. Nova Classical @9:00 p.m.

Tickets are \$20 for both games. Checks may be made out to the **Husky Booster Club**. Puchase tickets at the ERA Activities Office!

#### **Upcoming School Events:**

**Feb. 9** – 6th Grade Field Trip to MN History

Center

**Feb. 10** – 15th Annual Night at the Target Center for Varsity Boys & Girls Basketball

Feb. 12 – Kindergarten Field Trips

Feb. 14 - Formal Dress Day

Feb. 15 – Spirit Wear Day

Feb. 16 – No School | Staff Development

Feb. 19 - No School | Conferences, 10 am- 8 pm

Feb. 19 - PTO Used Uniform Sale

For more information and more events, visit the school calendar.



# Share Your Talent Day & SoG Variety Show!

KELSEY ORTGIES

Music Teacher, Grades K-2

The School of Grammar music teachers are excited to announce two upcoming events that celebrate the special talents of our students.

- **Share Your Talent Day** (open to students K-5) will take place in regular music classes from March 6-13. Specific dates and times can be found on our classroom websites.
- *The School of Grammar Variety Show* (open to students 1-5) will take place on Thursday, March 22. The show for Grades 1 and 2 will begin at 4:00 p.m. in the ERA auditorium, and the show for Grades 3-5 will begin at 5:30 p.m. Performers will be drawn from those who participate in Share Your Talent Day.

Registration forms are due by Friday, Feb. 23. Information has been sent home with students but may also be found on our websites:

- Mrs. Ortgies (K-2) http://ortgies.weebly.com/
- Mrs. Freund (3-5) https://era3-5music.weebly.com/

#### 7th Annual Roller Skating Party March 10 | 4:30-6:30 p.m. Roller Garden in St. Louis Park

Join us for the popular annual event! Admission includes a free glow necklace for every skater. This is a private party for K-8th grade families. **Please see our flyer for more info!** 



**Ski & Snowboard Club** will be wrapping up by the end of February. There are two more lessons left after Feb. 9, which will take place on Feb. 16 and Feb. 23. Payment due dates for each are Feb. 9 and Feb. 16. All waivers and payments should be placed in an envelope with "PTO" written on the front and brought to Mrs. Strand in the Activities Office. Please refer to our FAQ info at this link for more information.

Once again, anyone may attend weekly; you do not "join" Ski & Snowboard Club. Even friends and family may take advantage of our special rates. Group lessons are available for \$10 and must be prepaid the Friday before the lesson. Discount lift tickets (\$20) and ski or snowboard rental package (\$17) will be available for purchase from the ERA PTO inside the Hyland chalet.

Lastly, don't miss out on the Ski & Snowboard Club Potlucks on Feb. 9 and Feb. 23. If you would like to contribute to the potluck, you may sign up at this link.

Winter Uniform Sale: Feb. 19, 10:00 a.m.-8:00 p.m. Looking for Uniforms? The PTO Winter Uniform Sale will be held at ERA during conferences on Feb. 19 from 10:00 a.m. – 8:00 p.m. Get to your conference early or stay for a bit afterwards to save money and stock up on uniforms for your growing child. Personal shoppers will be on hand to assist and answer questions.

**Uniforms to Sell or Donate?** Uniform donations may be brought to the Activities Office inside the Main Entrance (Door 2). Please view our information flyer for more details, including drop off options prior to the sale. Updated garment tags for families wishing to sell uniform pieces can be found in this link.

We are also in need for volunteers to make this event a success for our ERA families. Please sign up here for one or more sessions to help set up, sell, and/or clear the Used Uniform Sale.

#### **Redemption Program Updates**

Hurry! It is already February and Contest #3 will come to an end soon! There are still days left to bring in the following items to your classroom teacher, advisory teacher (6th grade), or the collection bin outside the Main Office. This contest will end on Thursday, Feb. 22 at 9:00 a.m. The winning lower school classroom and upper school classroom will receive a reward of their choosing by bringing in the most items (with a minimum of at least 400).

We collect the following items:

- Box Tops, Coke Rewards
- Tyson Project A+
- Loaves for Learning
- Milk Moola
- Old cell phones/used printer cartridges

As of Feb. 1, the top 5 leading classes for upper and lower schools are as follows.

Lower School:	Upper School:
1. Vacinek (369)	1. Dill (633)
2. Gillitzer (301)	2. Kelash (241)
3. Rau (277)	3. O'Brien (217)
4. L. Hopper (213)	4. Anderson (203)
5. Madson (183)	5. Goedien (128)

If you'd like to volunteer to help us trim and count these items, we'd love to have you! We will be meeting on the following Thursday mornings from about 8:00-10:00 a.m. (Feb. 8, 15, and 22). Please bring a pen, paper, and a pair of scissors. When you arrive, please check in with Mrs. Strand or Mrs. Twetan at the Main Office.

